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Blissful Thoughts

•	Laughing cheerfulness throws the light of day on all the paths of life. - Jean Paul
•	The energy you give off is the energy you receive. I really think that, so I'm always myself jumping, dancing, singing around, trying to cheer everybody up.
•	Love yourself first and everything else falls into line.
•	- Lucille Ball In three words I can sum up everything I've learned about life: It goes on.
•	- Robert Frost Do not let the behaviour of others destroy your inner peace.
•	You can't turn back the clock. But you can wind it up again.
	- Bonnie Prudden
•	When you can't find someone to follow, you have to find a way to lead by example.
•	There is no better compass than compassion.
	- Amanda Gorman
•	Stand before the people you fear and speak your mind – even if your voice shakes.
	- Maggie Kuhn
•	It's a toxic desire to try to be perfect. I realized later in life that the challenge is not to be perfect. It's to be whole.
•	- Jane Fonda Vitality shows not only in the ability to persist but in the ability to start over.
•	- F. Scott Fitzgerald
•	The most common way people give up their power is by thinking they don't have any.
	- Alice Walker