

## ***Blissful Thoughts***

Everybody should work hard to achieve success, growth and prosperity. But this can be possible only when our health is good.

***- Atharva Veda***

He who takes medicine and neglects his diet wastes the skill of his doctors.

***- Chinese Proverb***

The best six doctors anywhere – and no one can deny it – are sunshine, water, rest, air, exercise and diet.

***- Nursery rhyme***

Both optimists and pessimists contribute to our society. The optimist invents the aeroplane and the pessimist the parachute.

***- Gil Stern***

In order to be Big, you have to think big. If you think small, you're going to be small.

***- Emeril Lagasse***

The secret of joy in work is contained in one word – excellence. To know how to do something well is to enjoy it.

***- Pearl S Buck***

Besides the noble art of getting things done, there is the noble art of leaving things undone. The wisdom of life consists in the elimination of non-essentials.

***- Lin Yutang***

Before you start some work, always ask yourself three questions – Why am I doing it, What the results might be and Will I be successful. Only when you think deeply and find satisfactory answers to these questions, go ahead.

Once you start a working on something, don't be afraid of failure and don't abandon it. People who work sincerely are the happiest.

***- Chanakya Quotes***