

Editorial

Humour – A New Healing Culture

Laughing is anaesthesia. The ancient literature does not prove a significant sense of humour in the ancient times. The ancient literature is popular as they are highly consoling and emphasizes development of strength of our character. The evolution of instinct of humour on a mass scale is the most recent culture. Humour may, therefore, be enjoyed in some recent enlightened literature. So healthy humour is the modern culture. The healthy humour is definitely a God given improvement in our ancient cultures. The healthy humour may rejuvenate the ancient and old cultures. The humorous societies are more original and spectacularly creative societies. Thus the future Incarnations or great persons may be enlightened humour healers. Poor masses may also enjoy jokes at no cost and create jokes and get rid of tensions. Humour is highly healing experience for the masses. More you share your happiness, happier you become. Our prayer is that God rejuvenates the humour culture in all the scientific and technical societies.

Humour is dieing unfortunately in societies in their degenerating spiral cycles. O' Lord! Kindly give us back the instinct of humour and character. The body's healing mechanism responds positively to the laughter, except for asthma patients. No specie has perhaps instinct of laughter. When nature created ego of intelligence, it knew that tension will be directly proportional to the level of intelligence, the sensitivity and the sentiments. So nature gave us an instinct of laughing to get rid of tensions. Therefore it is a degradation in a culture that going mad in laughter is believed to be uncivilized. Teachers should use little humour in the class to make a subject interesting. Humour may win the heart of the beloved students. Teachers may share jokes among themselves also for fun, healing and the stress management. Humour is, therefore, perhaps the highest Godly attainment (Osho Rajneesh). The original humour is the blessing of God to the suffering mankind. God is good in humour also. Sports according to one's liking develop 22+ qualities of young persons, and dances according to one's liking are good naturally for development of character of girls. Let us pray to be the original persons

A real story is narrated. A young Indian Mr. Attrey answered all questions nicely in an interview in 1972 in U.S.A. He was selected and offered a decent salary. His boss asked him, "If you come tomorrow driving car alone, I will raise your salary by US \$ 500 p.m." Mr. Attrey learned driving car with the help of his brother whole day and night. He passed the car driving test and drove straight to his cosmetic company alone. He was greeted by his amazed boss. He asked, "You are such a short person. Why are you so intelligent? The young boy replied, "Sir! The distance between my head and heart is short, so I am more intelligent than taller persons."

It appears to be a natural law that the strength and weaknesses go together always both in matter and life. If nature has given us weaknesses, then specie will struggle to win over weaknesses. Nature will give us strength. Nature compensates. No one is perfect. Definitely, the hidden purpose of healthy bio is to try to evolve spirally to reduce chaos and not increase chaos which is property of matter. Entropy of all healthy bio is always negative. All works are handled by prayers, tunnelling and rock engineering are no exceptions. May God bless us too!

Board of Editors