
BLISSFUL THOUGHTS

Let Us Live Today -

Yesterday is but a dream and tomorrow is but a vision. But every today, well lived, makes every yesterday a dream of happiness and every tomorrow, a vision of hope. So let us live today that is the call of the dawn.

- Kalidas

The secret of contentment is knowing how to enjoy what you have, and be able to lose all desires for things beyond your reach.

- Lin Utang

A word is the centre of an idea. An idea is the centre of a mental image. A mental image is the centre of a mental habit. A mental habit is the centre of a trait in man. Devotion to God eradicates all fears.

*-Swami Sivananda, Founder of
The Divine Life Society, Rishikesh, India.*

Many fears are born of fatigue and loneliness.

*- (Found in old Saint Paul's Church,
Baltimore, 1692)*

In so far as you are in difficulties, it is because you forget nature; for you create for yourself unlimited fears and desires.

*- Epicurus
[341-270 B.C.]*

Stand alone, like a solitary tree or mountain.

- J. Krishnamurty

Cheerfulness of mind, serenity, habit of meditation, self control and purity of disposition - This is called austerity (self discipline) of mind.

- Bhagvad Gita, Chapter XVII, 16-17